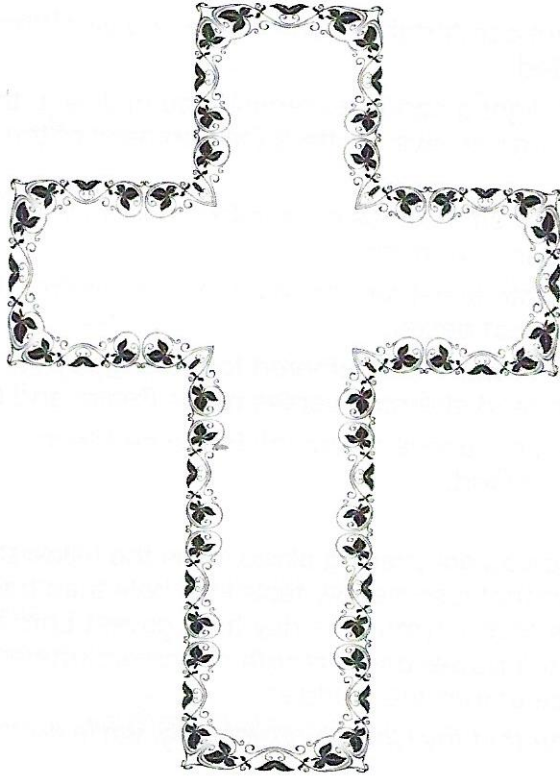


Pool Mission Area



**A Service of Morning
Prayer at Home**

Welcome to this Service of Morning Prayer, it has been designed to be said at home by one or two people for occasions when it is not possible to come to church.

Here are some suggestions to help you use this order of service:-

- Find a quiet comfortable place where you won't be disturbed or distracted.
- If you can, light a candle to remind you of Jesus, the light of the world who always scatters the darkness of the world and our lives.
- If you have a small cross or crucifix place it where you can see it or hold it in your hand.
- On a separate sheet are the readings for the day, the Psalm, and the collect prayer.
- When two or more are gathered together you may like to take it in turns to read alternate verses of the Psalm and Canticle.
- Take your time and leave space for some silence, to sit in the presence of God.

It may feel like you are praying alone, miss the fellowship of other Christians and that it somehow feels less holy than being in church but the words of the hymn 'The day thou gavest Lord has ended' remind us of the power and strength of prayers uttered in every time and place across the world:-

*'We thank thee that thy Church unsleeping, while earth rolls onward into light,
through all the world her watch is keeping, and rests not now by day or night.*

*As o'er each continent and island, the dawn leads on another day,
the voice of prayer is never silent, nor dies the strain of praise away.'*

Preparation

In the name of the Father,
and of the Son, and of the Holy Spirit. Amen.

Almighty God, to whom all hearts are open,
all desires known, and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Confession

Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light. Amen.

*Hear now the words of Jesus for all who are truly sorry and seek to
renew their lives:*

'Your sins are forgiven. Go in peace; come and follow me.'

Thanksgiving

Blessed are you, Sovereign God, creator of all,
to you be glory and praise for ever.
You founded the earth in the beginning
and the heavens are the work of your hands.
In the fullness of time you made us in your image,
and in these last days you have spoken to us
in your Son Jesus Christ, the Word made flesh.
As we rejoice in the gift of your presence among us
let the light of your love always shine in our hearts,
your Spirit ever renew our lives
and your praises ever be on our lips.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Psalm

The appointed Psalm for the day is said.

Each Psalm may end with

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

First Reading

The Old or New Testament Reading is read here

Hymn

Sing, listen to or read a hymn (Some favourites are at the back of this booklet)

Gospel Reading

The Gospel Reading is read here.

Gospel Canticle

- 1 Blessed be the Lord the God of Israel,
who has come to his people and set them free.
- 2 He has raised up for us a mighty Saviour,
born of the house of his servant David.
- 3 Through his holy prophets God promised of old
to save us from our enemies, from the hands of all that hate us,
- 4 To show mercy to our ancestors,
and to remember his holy covenant.
- 5 This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
- 6 Free to worship him without fear,
holy and righteous in his sight all the days of our life.
- 7 And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
- 8 To give his people knowledge of salvation
by the forgiveness of all their sins.
- 9 In the tender compassion of our God
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now|
and shall be for ever. Amen.

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father;
through him all things were made.

For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit;
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of Intercession

You might like to pray for:-

- Specific situations in the world
- Christians throughout the world
- Your local community
- People who need healing and wholeness
- Those who have died and those who mourn
- Any place, person or concern that is on your heart.

The Collect

The Collect of the Day is prayed here

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.

Closing prayer

In darkness and in light, in trouble and in joy,
help us, heavenly Father, to trust your love,
to serve your purpose, and to praise your name;
through Jesus Christ our Lord. Amen.

Conclusion

The grace of our Lord, Jesus Christ,
the love of God,
and the fellowship of the Holy Spirit,
be with all who pray this day in his holy name,
now and for evermore. Amen

Some Favourite Hymns

Amazing grace!

1. Amazing grace! How sweet the sound
That saved a wretch like me!
I once was lost, but now am found;
Was blind, but now I see.
2. 'Twas grace that taught my heart to fear,
And grace my fears relieved;
How precious did that grace appear
The hour I first believed!
3. Through many dangers, toils and snares,
I have already come;
'Tis grace hath brought me safe thus far,
And grace will lead me home.
4. The Lord has promised good to me,
His Word my hope secures;
He will my shield and portion be,
As long as life endures.
5. Yea, when this flesh and heart shall fail,
And mortal life shall cease,
I shall possess, within the veil,
A life of joy and peace.
6. The earth shall soon dissolve like snow,
The sun forbear to shine;
But God, who called me here below,
Will be forever mine.
7. When we've been there ten thousand years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we'd first begun.

The Lord's my Shepherd,

- 1 The Lord's my Shepherd, I'll not want;
he makes me down to lie
in pastures green; he leadeth me
the quiet waters by.
- 2 My soul he doth restore again,
and me to walk doth make

within the paths of righteousness,
e'en for his own name's sake.

3 Yea, though I walk through death's dark vale,
yet will I fear none ill,
for thou art with me; and thy rod
and staff me comfort still.

4 My table thou hast furnished
in presence of my foes;
my head thou dost with oil anoint,
and my cup overflows.

5 Goodness and mercy all my life
shall surely follow me;
and in God's house forevermore
my dwelling place shall be.

Fight the good fight

1 Fight the good fight with all thy might;
Christ is thy strength, and Christ thy right:
lay hold on life, and it shall be
thy joy and crown eternally.

2 Run the straight race through God's good grace,
lift up thine eyes, and seek his face;
life with its way before us lies,
Christ is the path, and Christ the prize.

3 Cast care aside; upon thy Guide
lean, and his mercy will provide;
lean, and the trusting soul shall prove,
Christ is its life and Christ its love.

4 Faint not, nor fear, his arms are near;
he changeth not, and thou art dear;
only believe, and thou shalt see
that Christ is all in all to thee.

Dear Lord and Father

1 Dear Lord and Father of mankind,
forgive our foolish ways;
re clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise.

2 In simple trust like theirs who heard
beside the Syrian sea
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

3 O Sabbath rest by Galilee,
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

4 Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

5 Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm!

Ride on, ride on in majesty!

1 Ride on, ride on in majesty!
Hark! all the tribes hosanna cry;
O Savior meek, pursue your road
with palms and scattered garments strowed.

2 Ride on, ride on in majesty!
In lowly pomp ride on to die:
O Christ, your triumphs now begin
o'er captive death and conquered sin.

3 Ride on, ride on in majesty!
The winged squadrons of the sky
look down with sad and wond'ring eyes
to see th'approaching sacrifice.

4 Ride on, ride on in majesty!
Your last and fiercest strife is nigh;
the Father on his sapphire throne
expects his own anointed Son.

5 Ride on, ride on in majesty!
In lowly pomp ride on to die;
bow your meek head to mortal pain,
then take, O God, your pow'r and reign.

When I survey the wondrous cross

1 When I survey the wondrous cross
on which the Prince of glory died,
my richest gain I count but loss,
and pour contempt on all my pride.

2 Forbid it, Lord, that I should boast
save in the death of Christ, my God!
All the vain things that charm me most,
I sacrifice them through his blood.

3 See, from his head, his hands, his feet,
sorrow and love flow mingled down.
Did e'er such love and sorrow meet,
or thorns compose so rich a crown?

4 Were the whole realm of nature mine,
that were a present far too small.
Love so amazing, so divine,
demands my soul, my life, my all.

Thine be the glory,

1 Thine be the glory, risen, conqu'ring Son:
endless is the vict'ry thou o'er death hast won;
angels in bright raiment rolled the stone away,
kept the folded grave-clothes where thy body lay.

Refrain:

*Thine be the glory, risen, conqu'ring Son;
endless is the vict'ry thou o'er death hast won.*

2 Lo! Jesus meets us, risen from the tomb;
lovingly he greets us, scatters fear and gloom;
let the church with gladness, hymns of triumph sing,
for her Lord now liveth, death hath lost its sting. [Refrain]

3 No more we doubt thee, glorious Prince of life;
life is naught without thee: aid us in our strife;
make us more than conqu'rors, through thy deathless love:
bring us safe through' Jordan to thy home above. [Refrain]

Praise, my soul, the King of heaven

1 Praise, my soul, the King of heaven;
to his feet your tribute bring.

Ransomed, healed, restored, forgiven,
evermore his praises sing.

Praise him! Praise him!

Praise the everlasting King!

2 Praise him for his grace and favor
to his people in distress.

Praise him, still the same as ever,
slow to chide, and swift to bless.

Praise him! Praise him!

Glorious in his faithfulness!

3 Fatherlike he tends and spares us;
well our feeble frame he knows.

In his hand he gently bears us,
rescues us from all our foes.

Praise him! Praise him!

Widely yet his mercy flows!

4 Angels, help us to adore him;
you behold him face to face.

Sun and moon, bow down before him,
dwellers all in time and space.

Praise him! Praise him!

Praise with us the God of grace!

Worship Programmes on TV and Radio

Television programmes

Songs of Praise: Sundays at 1.15pm on BBC 1

Radio programmes

Prayer for the Day: daily at 5.43am on Radio 4

Sunday Worship: Sundays at 8.10am on Radio 4

Daily Service: Monday to Friday at 9.45am on Radio 4 Long wave and DAB only (see instructions below on how to find this on DAB)

Lent Talks: Wednesdays at 8.45pm on Radio 4 during Lent

Celebration: (Act of worship) Sundays at 7.30am on BBC Radio Wales

Choral evensong: Wednesdays at 3.30pm and the same service is repeated Sundays at 3pm on Radio 3

(The Daily Service is available on a Radio 4 DAB side channel which is automatically made available about a minute before the programme begins.

After tuning to Radio 4 DAB, select "Daily Service" (from your display) with the tuning wheel and press the selector button.

On some radios the side channel can be stored on a preset button and once it is stored there you simply need to press the preset. We recommend choosing a well established brand of DAB receiver.)